

Sermon Notes

The Force of a Fast Nehemiah 1:1-4

I. What is the _____?

“The _____ of food with a spiritual _____
or _____ in mind.”

“The denial of something for _____ so that you may focus on
_____.”

II. Who are our _____?

- A. A time of _____
- B. A time of _____
- C. A time of _____
- D. A time of _____
- E. A time of _____
- F. A time of _____
- G. A time of _____

III. What is our _____?

- A. _____ fast
- B. _____ fast
- C. _____ fast
- D. _____ fast
- E. _____ fast
- F. _____ fast

IV. What is our _____?

- A. A sense of _____
- B. A sense of _____
- C. A sense of _____

V. What is our _____?

- A. _____ before God
- B. _____ of God
- C. _____ to God
- D. _____ from God
- E. _____ with God